

Solid Shea Butter Sugar Scrub Cube Recipe

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Ingredients:

2.5oz [Crafter's Choice Three Butter Melt and Pour Soap Base](#).

4oz. [Refined Shea Butter](#).

16oz. White Sugar

2 Tablespoons [Fractionated Coconut Oil](#). (You can also sub with any other carrier oil such as olive oil, [jojoba oil](#), [sweet almond oil](#), [olive squalane oil](#), [argan oil](#), or whatever you have on hand that is liquid at room temperature.)

1 Tablespoon [skin safe fragrance oils](#) (or 1/2 Tablespoon [essential oils](#)) of Choice

Pinch of [cosmetic mica or oxide or ultramarine pigment powder](#). (optional)

Instructions:

You can either use a [silicone loaf pan mold](#), or smaller cavity candy type molds like these pretty [silicone rose molds](#).

Cut your your melt and pour soap base into chunks then weigh out amount needed using a [digital kitchen scale](#). Next, melt the glycerin soap base about half way in the microwave or a double boiler. Now, weigh out the shea butter needed and add to your mostly melted soap base and continue heating until thoroughly melted. Once these ingredients are melted, use a Tablespoon measurement to measure out the fractionated coconut oil and your choice of fragrance. Stir these ingredients into the melted shea butter and soap base

In a separate bowl - I use a [large one quart Pyrex measuring cup](#) - weigh out the sugar. If using a pigment for color, cut in a pinch of color using a butter knife or spatula. (Keep in mind if your fragrance oil contains vanilla, your sugar scrub cubes will darken and turn brown

depending on amount of vanilla content.) Finally, quickly pour the sugar into the shea/soap mixture and mix well. Scoop into your mold(s) and level with a spatula, then place in the refrigerator until solidified.

Once your scrub has solidified, gently remove the scrub from the mold(s). If you opted to use a loaf mold, take a Chef's knife and gently cut the scrub into square cubes. Place your finished solid sugar scrub cubes in an airtight container until use. I used [Clear 8oz. Heavywall Low Profile Plastic Jars with Lids](#). Now simply print out the labels of your choice on the following pages, either black and white or color, onto sticker paper and apply the labels to either the lid or the bottom of the jars.

These scrubs make great gifts and are perfect tucked inside Christmas stockings as stocking stuffers or inside of spa themed gift baskets for Mother's Day or birthdays!

To use these scrub cubes, simply crush one or two cubes in your wet hands and slather over your body.

(If you prefer to use natural, organic ingredients in your recipes, then I highly recommend [Mountain Rose Herbs](#). They supply a variety of certified organic soapmaking and bath and body ingredients for the highest quality projects.)

For more handmade bath and beauty recipes, diy craft projects, printable projects, and handmade gift ideas be sure to visit my blog, Soap Deli News, at <http://www.soapdelinews.com>

These labels are intended for personal use only and were designed and hand drawn by Rebecca D. Dillon, author of Soap Deli News blog.



