



Natural Tomato and Basil Cold Process Soap Recipe

© [Rebecca's Soap Delicatessen](#)

Ingredients:

1.8 oz. [cocoa butter](#).

2.6 oz. [shea butter](#).

9 oz. [palm oil](#).

7.2 oz. [76 degree melt point coconut oil](#).

10.8 oz. [pomace olive oil](#).

3.6 oz. [castor oil](#).

5.3 oz. [lye/sodium hydroxide](#)

6 fluid oz. distilled water

1 Tablespoon [basil powder](#).

.75 oz. [basil essential oil](#)

8.5 oz. pureed ripe tomatoes

1 Tablespoon [walnut shell powder](#).

Instructions:

You'll need to [follow your basic cold process soapmaking instructions](#) for this recipe. This soap will fit into one of my [diy wood loaf soap molds](#) and will yield approximately 10-11 4.5 oz. soap bars. Take all necessary safety precautions.

Start by measuring out the distilled water, then weigh out the lye using a [digital kitchen scale](#) and stir into the distilled water. Set aside to cool in a well ventilated area.

Now weigh out all of the soapmaking oils - cocoa butter, shea butter, palm oil, coconut oil, olive oil and castor oil - and place in large non-aluminum pot. Heat over medium heat on the stove until all of the oils have melted, then remove from heat and set aside to cool.

While the soapmaking oils and lye-water are cooling, line your soap mold and prepare the other ingredients. Weight out the ripe tomatoes and remove stems and leaves, then mash with a fork or similar utensil. If your tomatoes are super ripe you won't need to use anything else. Set aside. Using separate containers for each ingredient, weigh out the basil essential oil, and measure out the basil and walnut shell powders. Set aside.

Once your ingredients have cooled to between 95 and 110 degrees, pour the pureed tomatoes into the soapmaking oils and mix well with an [immersion/stick hand blender](#). Then slowly pour the lye-water into the soap oils and tomato puree and mix until you reach trace.

Now pour 1/3 of the soap into your mold and tap to level. Evenly sprinkle the walnut shell powder across the poured soap.

Now add the basil powder and basil essential oil to the remaining soap in the pot and mix well with the blender. Once thoroughly combined, slowly pour the remaining soap on top of the first layer of soap and the walnut shell powder. Level the soap as much as possible so your final size of your bars will be consistent. I generally level out the top of my soap using a butter knife. I run a butter knife back and forth along the width of the mold to evenly distribute the soap, then run it back and forth along the length.

Now cover and insulate your mold for twenty-four hours. After the insulation period your soap is ready to unmold. Remove your soap from the mold and cut into bars. You can use [soap cutter](#) as a guide for evenly sized bars. Set the cut bar onto a wax or parchment paper covered surface - or a cooling rack - and allow to cure for at least three weeks before use.

Then wrap and label by printing out the labels that follow on the next page.

You can find this recipe online at [Soap Deli News Blog here](#). Also be sure to visit [Soap Deli News](#) for more bath, body, beauty and soap recipes as well as DIY craft projects and other printables.

