

Natural Rhassoul Red Clay Mask

(c) [Rebecca's Soap Delicatessen](#)



Ingredients:

- 2 oz. [red rhassoul clay](#)
- 1 Tablespoon [lavender blossoms](#)
- 1 Tablespoon [chamomile flowers](#)
- 1 Tablespoon [calendula petals](#)
- 1 Tablespoon [colloidal oatmeal](#)
- 20 drops [bergamot essential oil](#)
- 20 drops [lavender essential oil](#)
- 20 drops [frankincense essential oil](#)

Directions:

Using a [digital kitchen scale](#), weigh out 2 oz. of clay into a container. Then measure out 1 Tablespoon each of the lavender, chamomile and calendula flowers and place into a food processor or coffee grinder. Grind into a powder and add to the clay. Measure out the colloidal oatmeal and add to the clay as well. Using a dropper or [pipette](#), add twenty drops each of the bergamot, lavender and frankincense essential oils. Mix well with a fork, then place into an air tight container.

To use, simply mix two Tablespoons of clay with one Tablespoon of water, milk, green tea or aloe vera juice. Apply to face and allow to sit for 10 to 15 minutes. Finally using a damp washcloth gently remove the mask and pat dry.

To gift, simply print the labels here and apply to your containers of choice.

For more bath and beauty recipes and diy craft projects visit [Soap Deli News Blog](#). You can also shop online for natural bath & beauty products at [Rebecca's Soap Delicatessen](#).

