

PATCHOULI GRANOLA
CRUNCH SOAP



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PRINTABLE CIGAR LABEL SOAP BANDS - FREE FOR PERSONAL USE. © [REBECCA'S SOAP DELICATESSEN](#) - [RECIPE FOR THE PATCHOULI GRANOLA CRUNCH SOAP](#) CAN BE FOUND AT [SOAP DELI NEWS BLOG](#). ALTERNATELY, YOU CAN ALSO PRINT THE RECIPE FOR THIS SOAP BELOW.

HOMEMADE PATCHOULI GRANOLA CRUNCH SOAP RECIPE

SOAP INGREDIENTS (X2):

13 OZ. [OLIVE OIL](#)
5.25 OZ. [HEMP SEED OIL](#)
7 OZ. [76° MELT POINT COCONUT OIL](#)
4 OZ. [SOYBEAN OIL](#)
3 OZ. [GRAPE SEED OIL](#)
2 OZ. [SHEA BUTTER](#)
2 OZ. [COCOA BUTTER](#)
.25 OZ. [BEESWAX](#)

13 FL. OZ. DISTILLED WATER
4.9 OZ. [LYE](#) (SODIUM HYDROXIDE)

1 OZ. [DARK PATCHOULI ESSENTIAL OIL](#)

GRANOLA CRUNCH LAYER OF INGREDIENTS:

1 TABLESPOON [MARSHMALLOW ROOT POWDER](#)
1 TABLESPOON [COLLOIDAL OATMEAL](#)
3 TABLESPOONS TRADITIONAL ROLLED OATS
1 TEASPOON [WALNUT SHELL POWDER](#)
1 TABLESPOON [DEAD SEA SALT](#)
1 TABLESPOON [CORIANDER SEEDS](#)

FRESH GROUND [WHOLE PEPPERCORNS](#)

INSTRUCTIONS:

TO MAKE THIS SOAP, YOU'LL NEED TO MAKE TWO BATCHES OF THE ABOVE SOAP INGREDIENTS IN TWO SEPARATE NON-ALUMINUM POTS FOLLOWING MY [BASIC COLD PROCESS SOAPMAKING INSTRUCTIONS](#). FOR EACH BATCH, MEASURE OUT THE DISTILLED WATER INTO A GLASS OR PLASTIC PITCHER. WEIGHT OUT THE LYE FOR EACH THEN STIR INTO THE WATER AND SET ASIDE TO COOL. NEXT WEIGH OUT THE SOAPMAKING OILS, BUTTERS AND BEESWAX FOR EACH POT AND MELT ON THE STOVE OVER MEDIUM HEAT. REMOVE ONCE THE INGREDIENTS ARE FULLY MELTED AND ALLOW TO COOL TO ABOUT 100 DEGREES F.

IN THE MEANTIME, PREPARE [TWO LOAF SOAP MOLDS](#) BY LINING THEM WITH PARCHMENT, WAX PAPER OR PLASTIC. (YOU CAN [USE THE DIMENSIONS OF MY OWN SOAP MOLDS](#) TO BUILD YOUR OWN IF YOU NEED THEM.)

MAKE YOUR FIRST POT OF SOAP BY POURING ONE CONTAINER OF THE LYE-WATER INTO ONE OF THE POTS WITH YOUR SOAPMAKING OILS. MIX WITH AN IMMERSION BLENDER UNTIL YOU REACH A LIGHT TRACE, THEN ADD THE PATCHOULI ESSENTIAL AND ALL OF THE INGREDIENTS FOR THE GRANOLA CRUNCH. (YOU'LL WANT TO PRE-PREPARE THESE BY MEASURING THEM OUT WITH TEASPOON AND TABLESPOON MEASUREMENTS.) MIX THOROUGHLY AND AT MEDIUM TO HEAVY TRACE POUR EVENLY INTO THE BOTTOM OF BOTH LINED SOAP MOLDS. THEN, USING A PEPPER GRINDER, GRIND PEPPERCORNS TO LIGHTLY COVER THE TOP OF THE SOAP YOU JUST POURED INTO THE MOLDS.

NEXT PREPARE YOUR SECOND BATCH OF SOAP ADDING THE PATCHOULI ESSENTIAL OIL AT TRACE. MIX THOROUGHLY THEN POUR THIS SOAP EVENLY INTO THE TWO SOAP MOLDS ON TOP OF THE SOAP WITH THE "GRANOLA" INGREDIENTS YOU ALREADY POURED.

COVER AND INSULATE FOR TWENTY FOUR HOURS. AFTER TWENTY FOUR HOURS, YOU CAN UNMOLD THE SOAP AND [CUT INTO BARS](#). ALLOW TO CURE FOR 3-4 BEFORE USE. THEN PACKAGE AND LABEL. THIS BATCH WILL YIELD APPROXIMATELY 20-22 4.5-5OZ. SOAP BARS DEPENDING ON HOW THEY ARE CUT.