



## Handmade Ferocious & Fantastic Soap Recipe for Men

© [Rebecca's Soap Delicatessen](#)

### Ingredients:

10.8 oz. [pomace olive oil](#)  
 7.2 oz. [76 degree F melt point coconut oil](#)  
 1.8 oz. [sweet almond oil](#)  
 5.4 oz. [sunflower oil](#)  
 3.6 oz. [sustainable palm oil](#)  
 1.8 oz. [shea butter](#)  
 1.8 oz. [cocoa butter](#)  
 3.6 oz. [castor oil](#)  
 12 fl. oz. distilled water  
 4.8 oz. [lye/sodium hydroxide](#)  
 2 oz. [Ferocious Beast fragrance oil](#)  
 1 oz. [kaolin \(white cosmetic\) clay](#)  
 1 Tablespoon [rosehips powder](#)  
 1 Tablespoon powdered loofah  
 pinch [Chromium Oxide Green Pigment Powder](#)  
 pinch [Earth Mist Mica](#)

### Instructions:

This recipe will fit one of my [diy wooden loaf soap molds](#). Alternately you can use a [silicone loaf mold](#) or two [6-Cavity Silicone Mini Loaf Pans](#). If using a wooden mold, begin by [lining your mold](#), then follow your [basic cold process soapmaking instructions](#).

Start by measuring out the distilled water into a pitcher or a four cup or larger glass Pyrex measuring cup. Then, using a [digital kitchen scale](#), weigh out the lye and pour into the water. Stir into the lye dissolves and set aside in a safe location to cool. Now weigh out the soapmaking oils and butters and place in a large non-

aluminum pot. Heat over medium heat on the stove until fully melted, then remove from heat and allow to cool.

While your lye-water and soapmaking oils are cooling you can prepare the other ingredients in separate containers and set aside. If you can't find loofah powder, you can run a dried loofah through a food processor to make your own.

Once the lye-water and oils have cooled to about 100 degrees F you are ready to make soap. Start by adding the kaolin clay and powdered loofah to the soapmaking oils. Then mix with a [stick/immersion hand blender](#) until the ingredients are fully incorporated. Now, slowly pour the lye-water into the soapmaking oils and mix until you reach a light trace. Add the fragrance oil and stir again until you reach a medium trace then pour a third of the soap into your prepared mold. Evenly dust this layer of soap with the powdered rose hips.

Now pour about 1/3 of the remaining soap into a measuring cup and set aside. With the soap left in the pot add a pinch of the green pigment and mix well with the stick blender until it's thoroughly incorporated. Then pour this soap into your soap mold on top of the first layer of soap with the rosehips powder on top.

With the remaining soap you set aside, add a pinch of earthen mist mica and mix well with the stick blender then pour on top of the first two layers of soap. Level the soap as much as possible so the final size of your bars will be consistent. I generally level out the top of my soap using a butter knife. I run a butter knife back and forth along the width of the mold to evenly distribute the soap, then run it back and forth along the length. However,

you can use whatever method works best for you. Now cover the soap and insulate for at least twenty-four hours.

Once the soap has completed the saponification process, you can unmold the soap and cut it into bars. [{Learn how to make a soap cutting guide here.}](#) Allow soaps to cure for 3-6 weeks, then wrap and label. I use [professional plastic food wrap film](#) to wrap my homemade soaps as it works GREAT and is MUCH cheaper than buying small containers of cling wrap. For my labels, I used full size white label sticker sheets from [WorldLabel](#).



This project was a collaboration between Rebecca D. Dillon of [Soap Deli News blog](#) and [Rebecca's Soap Delicatessen](#) and graphic designer / illustrator Anna Dance of [Hello Pants](#) who designed the deer illustration. Recipe and designs are copyrighted by their respective owners. Labels are free for personal use only.



To print labels, simply print the page that has the labels of your choice onto cardstock or sticker label sheets. Use them for labeling soaps or as gift tags for your holiday gifts!













